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POWERBOX Power supply & EMC coexistence in Medical space White paper 004



Power supply & EMC coexistence in Medical space

Introduction

From gadget to vital, Connected Devices and Internet of Things (IoT) are everywhere and we see them gradually changing our lives throughout; the exponential development of small to large products embedding radiotransmitters is developing whilst creating some concerns, in terms of interferences and equipment disturbance, especially in the case of medical applications where it could have severe consequences!

With the multiplication of products transmitting radio signals, it becomes very complex for medical equipment manufacturers to ensure their equipment is secure, using either published IEEE standards or proprietary protocols, which many are operating at unlicensed frequencies in the ISM (Industrial, Scientific and Medical) or in the MICS (Medical Implant Communication Service) bands to properly operate, without interfering in been interfered by other equipment. Consequently ensuring wireless coexistence in medicals applications, all over the world, regulatory bodies have focused efforts to standardize protocols and processes, which will require from power supplies manufacturers to include "Wireless Coexistence" testing and verification when designing power sources for medical equipment.

When unpredictable could happen!

As the world would stop without reliable power, the power industry has a long history in building robust power systems. Industry permanently innovates new technology, improving energy efficiency, reliability and safety though out. With the rapid development of multiple Connected Devices in medical applications, some may be powered by harvesting energy, making them very sensitive to radio interference whilst others might even get their power

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from radio-waves. Power supplies coexistence with radio signals and need to be considered differently from our previous experiences; especially with medical equipment installed outside professional healthcare controlled environment, such as at home.

As the number of Connected Devices and radio transmission within medical environments increased, starting in 2010, the number of cases of medical equipment reporting false alarms, having random failures, or malfunctioning, has grown significantly, warning the medical community about the coexistence of multiple radio transmitting equipment that patients' lives might depend upon.

In many cases of reported faults, it was very difficult to pinpoint the exact cause, until in-depth investigations revealed radio interferences were the root cause of the problem. In the US, the Food and Drug Administration (FDA) records malfunctions in a central database "MAUDE", which includes a growing number of EMC problems.

- When welding turns alarm A patient affected \rightarrow by respiration and heart problems was connected to a very advanced ventilator at home, coupled to a wireless cardio-monitoring. The patient's health was monitored from a remote healthcare center, which received a series of alarms. After calling the patient, who fortunately was doing very well, all alarms were classified as false, motivating the replacement of the monitoring units. Despite replacing the system, randomly, it was still signaling warnings! Equipment manufacturers conducted thorough analysis, without finding either hardware or software issues. By coincidence a Nurse visiting the patient noticed a strange noise coming from the radio and, at the same time the monitoring alarm came on. Further investigations identified that a nearby industrial company was using a high energy welding equipment, which had a default shielding; radiating radio waves were interacting with the control loop of sensors, trigging alarms. This example is probably anecdotal but is one of many motivating the medical industry to rethink Electromagnetics Interferences within the medical space ensuring everything works smoothly and safely.
- → Hospital operating theatre Considering the amazing evolution of tele-medicine, including remote

surgery operated by robots, radio interferences in medicals applications have become a high priority for that industry.

Figure 1 is an example of hospital operating theatre in which a number of strategic and vital equipment are operated, including more and more Connected Devices.

Electricity signal cables, Infusion Pumps, Echo Cardiogram, Anesthetic machine, Physiological Monitoring, Pressure Infuser, Pacemaker, Transit-Time Flowmeter and even mobile phones and pagers are all generating radio signals, without mentioning high energy equipment such as plasma-knife that could generate electromagnetics interferences. In such environments, adding the IoT dimension and the multiplication of Connected Devices, it is obvious that thorough procedures guaranteeing the Electromagnetic Compatibility and Immunity to Radio Interference is a must, which is what the IEC 60601-1-2 4th Edition (2014) is addressing to make the Unpredictable, more Predictable.



Figure 01 - Hospital operating theatre with Connected Devices.

Coexistence & EMC, the IEC 60601-1-2 (2014)

With the need for intensive work and cooperation between the different players, including Power Supplies manufacturers, the International Electro technical Commission (IEC) published a revision of the electromagnetic compatibility (EMC) requirements for medical devices under a 4th edition of IEC 60601-1-2 in 2014. These revisions contained a number of changes,

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including new immunity and more robust risk analysis requirements.

Taking in consideration the growing number of Connected Devices, new operated radio frequency bands and the risk of interferences between the different pieces of medical equipment, the revised standards included increased immunity test levels, with the range for radiated immunity, magnetic-immunity, conducted-immunity, significant increases in electrostatic discharge (ESD) levels and voltage dips and interruption phase angles. In addition, immunity testing has been added which follows the rationale of 60601-1-11 (Collateral standard for Home Healthcare) in the form of immunity to proximity fields from RF wireless communications equipment at significantly higher levels than have been used for radiated RF immunity testing in the past.

The main goal of the 4th edition is to ensure that the medical practices aimed at saving lives are not disturbed by common EMC phenomena. By testing, verifying and certifying units according to the new standards, including collateral, products will become safer and secured to operate in harmony with others equipment.

What's new in the 4th Edition?

Figure 2 summarizes the differences between IEC 60601-1-2 (2007) 3rd Edition and the (2014) 4th Edition, though major changes can be summarized in few points:

- → Used environments Taking in consideration that medical equipment is operated in environments controlled and exposed to different risks, three categories have been identified. In the previous 3rd edition of the standard, the requirements were based on the purpose of the equipment. In the current 4th edition, the requirements are based on the intended use/environment of the equipment:
 - Professional healthcare facility environment (Hospital, Physician offices...)
 - Home healthcare environment (Homes, Nursing Home, Public places...)
 - Special Environment (Military areas, Heavy Industrial areas, High Power Medical Equipment)

	IEC 60601-1-2 3 rd Edition	IEC 60601-1-2 4 th Edition	
		Prof. Healthcare	Home Healthcare
ESD IEC 61000-4-2	8 KV Air Discharge (Max.) 6 KV Contact Discharge	15 KV Air Discharge (Max.) 8 KV Contact Discharge	
Radiated Immunity IEC 61000-4-3	3 V/m – Non Life Support 10 V/m – Life Support	3 V/m	10 V/m
	80 MHz – 2.5 GHz	80 MHz – <mark>2.7 GHz</mark>	80 MHz – 2.7 GHz
	80% @ 2Hz (or 1 KHz) AM Modulation	80% @ 1 KHz AM Modulation	80% @ 1 KHz AM Modulation
EFT/Burst IEC 61000-4-4	±2 KV, 5KHz – AC Mains ±1 KV, 5KHz – I/O Ports 5 KHz or 100 KHz PRR	±2 KV – AC Mains ±1 KV – I/O Ports 100 KHz PRR	
Surges IEC 61000-4-5			
AC Mains, Line to Ground	±0.5, 1, 2 kV	±0.5, 1, 2 kV	
AC Main, Line to Line	±0.5, 1 kV	±0.5, 1 kV	
DC Input (>3m) Line to GND	No test	±0.5, 1, 2 kV	
DC Input (>3m) Line to Line	No test	±0.5, 1 kV	
I/O Line to GND	No test	±2 kV (outdoor lines only)	
Conducted Immunity IEC 61000-4-6	3 V (0.15 – 80 MHz) 10 V ISM Bands (Life Support)	3 V (0.15 – 80 MHz) 6 V ISM Bands	3 V (0.15 – 80 MHz) 6 V ISM Bands + Amateurs
Magnetic Immunity IEC 61000-4-8	3 A/m – 50 and 60 Hz	30 A/m – 50 and 60 Hz	
	>95% dip, 0.5 periods, 0° and 180° $$	100% drop, 0.5 periods, 0°, 45°, 90°, 135°, 180°, 225°, 270°, 315°	
Voltages Dips And Interrupts IEC 61000-4-11	60% dip, 5 periods 30% dip, 25 periods	200, dip, 1 period 30% dip, 25/30 periods	
	Interrupt >95% drop, 5 seconds	Interrupt 100% drop, 5 seconds	
Proximity Field from Wireless Transmitters (NEW TEST)	No test	9 V/m to 28 V/m 15 specific frequencies	
Orange text highlights the changes from the Third Edition.			

Figure 02 - IEC 60601-1-2 4th Editions changes.

In addition, the 4th edition introduces new definitions:

- Intended use (medical purpose only)
- Normal use (including medical use and transport, maintenance, standby)
- → EMC compliance The EMC compliance tests and limits will be defined according to risk and intended use instead of a device type. Tests are based upon where the equipment will be operated in the three defined categories; Healthcare facility, at Home or in a Special Environment such as military, heavy industrial, or medical treatment area with high-powered medical equipment. All tests will be performed with "Intended Use." (Note: Manufacturers will need to prepare a test plan/risk analysis prior to testing. Clause 6.2 requires that an EMC test plan be provided to the EMC test lab).

- → Special Environments Considering the very specific to this environment, immunity test levels, higher or lower, than those specified for the professional healthcare and home environments might be appropriate, which has to be defined, during the design phase, in close cooperation with final user.
- → EMC Risk Management Risk management analysis will be required from the medical equipment, including external power supplies manufacturers to state the risk from EMC disturbances. This test includes new frequencies and different levels depending on the category.
- → ESD level goes up Products will be subjected to increased immunity test levels to minimize the risk of electromagnetic interference: for example, the ESD test levels are increased to 15KV air and 8KV contact and the levels of conducted immunity testing are now increased to 6v in the ISM frequency bands.
- → Wireless proximity As a result of increased wireless equipment and strength of radiated signals, the radiated immunity test level is now up to 28V/m at certain frequencies. These levels have been raised to evaluate the products susceptibility to interference from common wireless devices. (Note: all products must comply with the new test).
- → Immunity levels Very low flexibility to use lower immunity levels for compliance; the Annex "E" describes the process for determining the immunity test levels for products used in special environments where different immunity levels could be justified. To assist manufacturers to prepare their test plans, a guideline has been added in Annex "G" of the standard.

Implementation

IoT and Smart Connected devices continue to take the world by storm, even in the medical device industry, so it is essential that the industry adopts as quickly as possible the new standard. The fourth edition of the IEC 60601-1-2:2014 standard is out and the revision mandates compliance of new products by April 2017 in the USA though, in late 2014, the FDA issued a letter recommending that devices undergo EMC testing to the 4th standard as soon as possible. Taking in consideration the number of new Connected Devices addressing the medical space, as well the growing risk of interferences, it has been reported that the FDA is asking for compliance with the 4th Edition now; on new 510(k) applications.

In Europe, the withdrawal date of the 3rd Edition is expected in a 2017-2018 timeframe. The estimated compliance date of EN 60601-1-2:2014 was December 31st 2018. However, this date will be finalized upon the information being published in the European Official Journal though, considering FDA in US pushing for quick implementation, it could happen much earlier. After the published date, all medical devices sold to the EU must comply with the new standard.

Powering IoT in medical space

Taking in consideration that EMC is very important when powering equipment, but even more important when supplying power to medical applications and medical loT, power supplies manufacturers developed new technologies to reduce EMI, without having to package final product in heavy metal cases. Power switching units designed for self-contained EMI (Figure 3 Powerbox EXM30) are now reaching the market; performing across all bands (30 MHz to 1 GHz) an average of 15 dB below the EN 55011 Class B (Figure 4 EXM30 Radiated Emissions). Low EMI is very important when the power supply coexists with low power sensors, such the ones deployed in medical applications and reducing the level of EMI to almost no radiation at all, will require new technologies.



Figure 03 – Low EMI external medical power supply Powerbox EXM30 to power IoT.

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IoT devices in the medical world are being rapidly deployed, requiring the power industry to rethink the basic fundamentals of radio interferences and radio coexistence, which is exciting for power designers and opening up amazing fields of technological innovations.

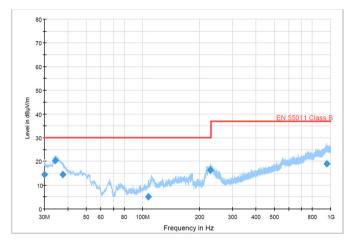


Figure 04 – EXM30 Radiated EMI curves pushing down the limits.

About Powerbox

Founded in 1974, with headquarters in Sweden and operations in 15 countries across four continents, Powerbox serves customers all around the globe. The company focuses on four major markets - industrial, medical, transportation/railway and defense - for which it designs and markets premium quality power conversion systems for demanding applications. Powerbox's mission is to use its expertise to increase customers' competitiveness by meeting all of their power needs. Every aspect of the company's business is focused on that goal, from the design of advanced components that go into products, through to high levels of customer service. Powerbox is recognized for technical innovations that reduce energy consumption and its ability to manage full product lifecycles while minimizing environmental impact.



For more information

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